

Southeast Minnesota Ride Packet

Management: Victoria Robison & Theresa Meyer

Head Vet - Dr. Heather Damico. Veterinarians: Dr. Karin Lupo (Saturday), Dr. Taryn Dentinger (Sunday)

Registration & Check in – Please come to the picnic tables and white tent near campsite H21 to check in or register for this ride. We accept cash and checks at the ride.

COVID Rules and Recommendations – Please read the COVID Plan in your rider's packet. If you are here for this event, you are agreeing to follow this plan. We are able to get insurance and permission to have this ride only if this plan is followed. Thank you for your support. **As of the authoring of this plan – the Minnesota governor has just lifted facemask restrictions for outdoor events with less 500 attendees. We expect that we can follow this latest plan. However, riders or handlers and volunteers can ask office staff, timers, scribes and vets to wear masks in their presence. Management understands that some individuals and their families, friends and co-workers still remain at high risk for COVID-19.

Vetting in – There will be a waiting area with lanes 12 feet apart for each horse/rider team to wait until it's their turn. For continued horse/rider safety we ask that only one handler per horse be allowed.

Rider's meeting – there will be a rider's meeting at 8 pm on Friday and Saturday evenings.

Ride Cards – Each rider will be responsible for keeping track and managing their own ride cards. Please have your ride card in a Ziploc bag during the event, as wet ride cards from sponging make for poor recording of veterinary marks.

Crew Area – riders are encouraged to crew at their campsites if the area is close to the vet area. There will be a designated crew area for those who are camping further away. Remember only one handler per horse in the pulse area and vet area.

Volunteers – Please be patient with our volunteers as some are doing this for the first time. Volunteers make this ride possible. Volunteers will get food and beverages provided. We often need volunteers on Saturday afternoon and evening. If you get done with your competitive or LD ride, please consider volunteering for 2-3 hours at the end of the day when horses for Sunday's competition are coming to get vetted in.

Potluck – No potluck this year at Southeast MN.

Awards ceremony – At 7 pm on Saturday near campsite H21.

Dogs – Please keep your dogs on their leash at all times. MN DNR staff regularly patrols the park and we want to abide by their rules and return to this park for distance rides for another 50 years.

Trail – If you are sponging in the river remember to toss your sponge downstream of your horse. A sponge floating under your horse's belly might frighten it and you might be swimming. There is two-way trail - DO NOT LOOK BACK at signage. You must WALK through Forestville. No cantering to or from the timer in camp.

Ride Parameters: *These are set by the head vet not more than 24 hours before the start of the ride. If ride parameters change – riders will be notified at the rider meeting.*

Endurance: pulse for each holds will likely be 64 bpm at all the holds and to finish. There will be 4 loops and 3 holds. Endurance riders need to keep their cards with them at all times.

Maximum completion time is 12 hours. The finish line will be slightly out of camp for safety. Your horse's pulse must reach 64 bpm within 30 minutes arriving at the timer or the finish line. You are allowed up to an hour to complete the post ride exam after crossing the finish line. Final post ride exam pulse should also be at 64 bpm

or below. There will be no ties. If you are showing for Best Condition – please present your horse to the head vet 30 minutes after you arrive at the finish line and tell the vet and scribe you are presenting for BC.

First hold: 50 minutes after pulse down. Tack can be on, girth should be loose. Vet check will be gut sounds and trot out 10-20 minutes before you are scheduled to leave on your second loop. (Keep an eye out for lines at the vet area.) The vet will check gut sounds on all four quadrants and the rider/handler will trot the horse out and back to measure soundness, gait, impulsion and attitude.

Second hold: 50 minutes after pulse down. Vet check will be an exit CRI (Cardiac Recovery Index). Tack can be on, girth should be loose. Come to the vet area 10-20 minutes before the end of your hold to present your horse.

Third hold: 50 minutes after pulse down. Vet check will be an exit CRI (Cardiac Recovery Index). Tack can be on, girth should be loose. Come to the vet area 10-20 minutes before the end of your hold to present your horse. **CUT OFF TIME** for Third Loop is – 1 hour before the 12 hour ride times ends. If the ride begins at 6 am, you must leave the timer for the last loop at 5 pm. No exceptions.

Limited Distance (LD) – pulse at the midpoint hold will probably be 64 bpm. Pulse for the finish will be 60 bpm. There will be two loops and one hold. LD riders must keep their cards with them at all times.

LD Maximum completion time is 6 hours. The 6 hours includes time riding the course and the mid-check hold. For example, if the ride begins at 7 am you must be back at the timer tent after completing your first loop, your hold, and your second loop by 1pm. Note this deadline is the timer's clock – not yours.

LD Hold – 50 minutes after you pulse down to 64. Vet check will be an exit CRI. Please present your horse with tack on and girth loose 10-20 minutes before the end of your hold for the last loop. Saturday's event has a lot of riders – please watch the Exit CRI lines. You may need to come at 20 minutes before you hold is up.

Finish - Your horse must reach 60 bpm within a half hour of arriving at the timer's tent. Your finish is determined by when you reach 60 bpm. You are allowed a full hour after you reach the timer to complete your post finish line exam. Your horse's heart rate should still be 60 bpm when you present for your final exam. If you are showing for Best Condition – please present your horse to the head vet 30 minutes after your pulse down and tell the vet and scribe you are presenting for BC.

Competitive – pulse and respiration will be taken 10 minutes after arriving at the timer after the first and second loop. It is your responsibility to present yourself in the P&R area 10 minutes after your arrival. After the P&R you will trot for the vet. **The hold will be 50 minutes from when you arrived at the timer.** **No crewing** – a friend can hold your horse and act as a “post,” but they cannot apply fly spray, groom, nor feed hay.

Ride time will be 4 hours. Your optimum time in will be 4 hours + 50 minute hold. Riders can finish 5 minutes before or 5 minutes after their optimum ending time and loose no points. Faster or slower than that – and there will be one point deduction per minute. If you come in 1 hour and 6 minutes early or 1 hour and 6 minutes past the optimum time – ON THE TIMER'S CLOCK you will be DQ'd.

Novice – This is 1 – 15 mile loop with no holds. A P&R will be taken 10 minutes after arriving at the timer. It is your responsibility to present yourself and your horse – without tack – to the P&R area. If you are not camped close to the vet area it would be a good idea to have a bucket of water and some fly spray in the “crew” area for your horse after the ride. Some horses enjoy a brief brushing as well.

Ride time for this event is 2.5 hours. Riders can finish 5 minutes before or 5 minutes after this time without a time penalty. Faster or slower than that will be a point deduction per minute. **Please note – if your horse is panting – it may be better to spend extra time in the river or walking instead of trotting or gaiting – as the point penalty for respirations is -2 over 2 breaths per 15 seconds.